



Tooth Fairies

## **PDP Development (Personal Development Plan)**

### **Course Aim**

General Dental Council (GDC) highly recommend the use of a Personal Development Plan (PDP), to help you to make good CPD decisions, and review it regularly, ideally with an appropriate colleague.

A PDP will enable you to decide in advance what CPD can most effectively advance your professional development and is relevant to your practice or intended practice.

Holding and maintaining a PDP will also enable you to identify your learning needs and consider them in a structured way. This should be in relation to your scope of practice and also to the work you do; the team in which you work; the patients you treat; and your contribution to safe and good quality dental care in the UK.

A PDP will also help you to prioritise your CPD activity and set out your actions to meet each need during your CPD cycle.

GDC also recommends you make time to reflect individually or with others on what you have learned following each CPD activity, what you will do the same or differently as a result and whether your on-going learning needs have changed.

### **Objectives**

On completion, learners will be able to use a PDP effectively and set clear and effective development goals and be able to understand the benefit of reflective practice.

### **Course structure**

This course provides **3** hours of verifiable CPD. The course will comprise of group and individual work supported by our tutors

*Certificates will be issued on successful completion*